

Vitamin D 1,000 IU

DESCRIPTION

Vitamin D, provided by Douglas Laboratories, contains 1,000 I.U. of natural vitamin D₃ per tablet.

FUNCTIONS

Vitamin D, also known as the “sunshine vitamin” is an essential vitamin that plays many important roles in the proper functioning of the body. Though classified as a vitamin, Vitamin D is actually a key regulatory hormone for calcium and bone metabolism. Adequate vitamin D status is essential for ensuring normal calcium absorption and maintenance of healthy calcium plasma levels

INDICATIONS

Vitamin D may be a useful dietary supplement for those who wish to increase their daily D intake.

FORMULA (#83007)

Each tablet contains:

Vitamin D₃ 1000 IU

SUGGESTED USE

One tablet daily or as directed by physician.

SIDE EFFECTS

No adverse side effects have been reported.

STORAGE

Store in a cool, dry place, away from direct light.
Keep out of reach of children

REFERENCES

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Swaminathan R. Nutritional factors in osteoporosis. Int J Clin Pract. 1999 Oct-Nov;53(7):540-8. 22.

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by
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